



CATHOLIC PARISH CENTRES OF PAMBULA

Parish Bulletin

Fifth Sunday in Ordinary Time, Year A 8 February 2026

Our mission as a Christian community of the Catholic Parish Centre's of Pambula is enlightened and inspired by the Holy Spirit, is to be salt and light through the loving way of our words, actions and respect for the dignity of all, so that others may experience the love of Christ. We acknowledge the Yuin people and honour Elders past, present and emerging, and all First Nations peoples worldwide.

PARISH CONTACT DETAILS

Parish Priest

Fr Kuriakose Chennelil Joseph MS (Fr Kose)
kose.joseph@cg.org.au
Phone: 0470 498 321

Parish Office

Open to the public on Wed & Fri from 10am-2pm

Parish Secretary

Mrs Su Chantler
Phone: 0435 036 236 or 02 6495 0683
Email: pambula@cg.org.au
Web: www.cg.org.au/pambula
Address: 79 Main Street / PO Box 249
Merimbula NSW 2548

Parish Centres

Merimbula: St Joseph's
Pambula: St Peter's
Eden: Our Lady Star of the Sea

Sisters of St Joseph

Sr Marie Carson

Parish Council Chair

Mrs Bernadette Wood

Liturgy Coordinator

Ms Sue Heffernan

Finance Chair

Mr Michael Wood

Parish Safeguarding Volunteer

Mr Philip Roach
pambula.safeguarding@cg.org.au

Lumen Christi Catholic College

Mr Shane Giles 02 6495 8888

PARISH INFORMATION

Reconciliation (Confession)

Merimbula: Friday before Mass,
Eden: Saturday before Vigil Mass
Pambula: Wednesday before Mass
At any other time by request

Anointing of the Sick

Eden: Thursday 26 February 10am
Merimbula: Friday 27 March 10am
Pambula: Wednesday 29 April 10am

Sacrament of Baptism

Families are warmly invited to celebrate the Sacrament of Baptism in our parish. A Welcoming Mass is held on the 4th Saturday/Sunday of the month prior to Baptism, with the Baptism celebrated during Mass on the 1st Saturday/Sunday of the following month. For all enquiries and Baptism preparation arrangements, please contact the Parish Office.

Weddings

By appointment only: Minimum 6 months advance notice.

Adoration

Merimbula: Friday 9am followed by Mass at 10am.

Divine Mercy Chaplet

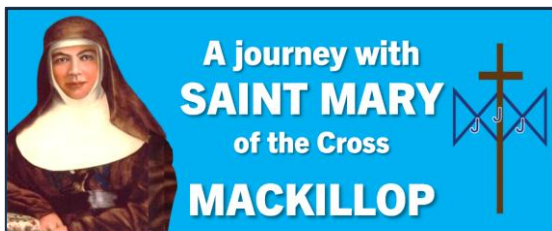
Merimbula: Sunday 9:30am & Friday 9am

Rosary

Merimbula: Cenacle & Holy Hour 11am Monday
Pambula: Wednesday 9:30am
Eden: Thursday 9am followed by Mass at 10am.

PARISH CALENDAR/MASS TIMES

Tuesday: 5pm Merimbula
Wednesday: 10am Pambula
Thursday: 10am Eden
Friday: 10am Merimbula
Saturday: 5.30pm Eden
Sunday: 8am Pambula
10am Merimbula



A journey with
SAINT MARY
of the Cross
MACKILLOP

I felt peace and the warmest confidence that out of these terrible troubles, and scandals even, good would come. (To Monsignor Kirby 1873)
Sisters move into Franklin Cottage, Adelaide, South Australia, 1869. God loves us all. (1906)
True happiness here below depends on ourselves not on those around us. (1907)

COMING EVENTS/NOTICES

Aged Care Facility Mass

12 February 11.30am Uniting Age Care, Eden
3 March 2pm Albert Moore Gardens, Merimbula
5 March 11.30am Imlay House, Pambula

New Parishioners

Could anyone new to the Parish contact the Parish Office or Fr Kose, so that the Parish has your contact details. Thank you.

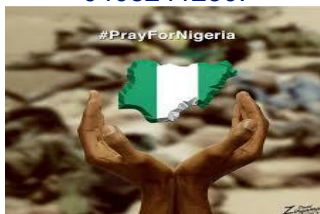
Amendment consent for the sale of parish land

Back in April 2025 the Parish Finance Committee asked for your consent to sell the excess non income land behind St Peters church Pambula for the purpose of investing the money into residential properties to generate income for the Parish and to build a new Parish Centre. The Finance Committee has since decided to concentrate on the residential properties only and put the Parish Centre on hold depending on finances. The Finance Committee require your consent in order to tender the projected plan to the Trustees of the Archdiocese of Canberra and Goulburn for approval. If you have any concerns, please contact Fr Kose

Service for World Day Of Prayer

St Joseph's Church, Merimbula, is hosting this year's World Day Of Prayer. The country of focus is Nigeria. All are welcome on **Friday 6th March**, with the service commencing at **11am**. Refreshments will be served afterwards.

If you are able to assist or would like further information, please contact Alice – 0439200943 or Anne – 0408241230.



09 February | Casual work for young people 18+ - Info Session - MFR School Ministry Team

Want meaningful work in catholic schools? Come see what we do and learn about a casual work opportunity 5–6pm

- Monday 9th Feb
- Manuka (St Christopher's pastoral Centre)
- Pizza dinner provided
- RSVP to Charles on 0411 483 633 by 8th Feb

SOLEMNITIES/FEAST DAYS

18 February (Wednesday) Ash Wednesday
19 March (Thursday) St Joseph, spouse of the blessed virgin Mary



PRAYER INTENTIONS



We pray for all the faithful departed or whose anniversaries occur including:

Shirley Aldridge, Lynette Robert, Ganette Robert, Murray Beveridge, Dragan Pelt, John Reynolds, Jenny Reynolds, Frank Elton, Sr June Bath rsj, Marykutty Joseph, Warwick Glendenning, Hugo, Tom Kennedy, Damien Lambourne, Ann Johnston

Let us pray for and support those who are sick and for all who have asked for our prayers:

Pat Wong, John Liston, Jocelyn Petty, Ros Beveridge, Mary Scanlan, Anne Cooper, Monica Paffen, Garry Moorhead, Cristina Embac, Beverley Ann Barr (The list will be refreshed every first week of the month. If you would like the names to continue, please inform the Parish office via email or phone)

COLLECTIONS

Last Week Collection:

First: \$894.70 - Support Clergy in Parish & Archdiocese
Second: \$812.25 - Support running the Parish

Planned Giving Collections:

THANK YOU to ALL parishioners who continually support our Parish through our plate collections at Mass, through the envelopes and direct banking. Without your financial help our Parish could not continue to function.



Catechism Corner

What does the name "Jesus" mean?

Jesus means in Hebrew "God saves."
In the Acts of the Apostles Peter says, "There is no other name under heaven given among mortals by which we must be saved" (Acts 4:12)

Lenten Discussion Group

A Lenten Discussion Group will commence on Monday, **16 February, at 12.30 pm**, in the Parish Meeting Room. Please register your interest by contacting Anne on 0408241230.

St Peter's Parish is committed to safeguarding and upholding the dignity and rights of all children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people to have their say, to be listened to and to be protected. This approach is at the centre of all of our thinking.

COMMUNICATING CONCERNS: You are encouraged to raise any concerns by emailing Fr Kose, the Parish Office, the Parish Safeguarding Volunteer or directly to Maria Hicks at the Institute Professional Standards & Safeguarding (IPSS) on ipss@cg.org.au

A Special Mass was celebrated last Monday – Presentation of the Lord Blessing of candles



27 February – 1 March | Lenten Retreat: Meeting Christ in Our Deepest Need

You are invited to a 3-session Lenten retreat, Meeting Christ in Our Deepest Need: A Lenten Journey, facilitated by Greg Sunter. Greg is an experienced facilitator with a strong background in small-group ministry. Holding Master's degrees in Theology and Education, he helps people engage deeply with Scripture, grow in prayer, and connect faith with daily life. He is well known for his parish newsletter gospel reflections, which explain Scripture in its historical and cultural context and relate it to contemporary lived experience.

More about Greg: <https://www.wholehearted.com.au/about/>

Greg will reflect on this year's Lenten Gospels and there are times for personal reflection and optional sharing. Everyone is welcome no prior study needed and no pressure to speak.

Time:

Friday 27th February 6.30 pm - 7.30 pm

Saturday 28th February 10 am -11 am

Sunday 1st March 4.30 pm - 5.30 pm

Place: 25 Blackham St, HOLT ACT 2615

Cost: \$20 for all 3 sessions

Register: belconnenwest@cg.org.au



Sapientia

Single adults, 18-35 years of age, are invited to join the Dominican Friars and Sisters for this weekend retreat of prayer, formation, and fellowship.

13-15 February 2026
St Mary's Towers Retreat Centre
Douglas Park

For more information or to register:
www.trybooking.com/DHJBL
or email the Sisters at sydney@op-tn.org.



PARISH OFFICER—NAROOMA-COBARGO PARISHES

People are invited to apply for the above position in Narooma parish. This is a permanent part-time position of 5 hours per week and will be based in the parish office at Narooma. Employment conditions are subject to the Clerks award. Please email Leanne Boyd, Parish Support manager at leanne.boyd@cg.org.au for a copy of the Duty Statement. Applications addressing the selection criteria and current CV to be sent to Fr George the Parish Priest at george.azhakath@cg.org.au by Friday 20 February 2026.



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First Reading Is 58:7-10

Your light will shine like the dawn.

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

Responsorial Psalm

Ps 111:4-9. R. v.4

*(R.) A light rises in the darkness for
the upright.*

or

(R.) Alleluia!

1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour *(R.)*
2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. *(R.)*
3. With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. *(R.)*

Second Reading 1 Cor 2:1-5

I came to you to proclaim Christ crucified.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

Gospel Acclamation Jn 8:12

Alleluia, alleluia!

*I am the light of the world,
says the Lord;
the man who follows me
will have the light of life.
Alleluia!*

Gospel Mt 5:13-16

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.'

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'



Reflection by Fr Michael Tate

You are the salt of the earth, you are the light of the cosmos. 'You' is in the plural. So these descriptions are meant to apply to us as a Christian community.

Salt in the ancient world was a preservative for food. So, we are the ones who are to preserve the earth, to prevent its deterioration, to keep it life-giving.

Salt has to penetrate food to have an effect. We have to penetrate the world with our Sermon on the Mount values. Staying self-contained as a perfect little band of Christians is about as useful as salt remaining in the saltshaker. In Our Lord's scary opinion we would quite rightly be trampled underfoot.

How are we light for the cosmos? By 'good works'? No, a truer translation is by 'beautiful works'. These are those things we do which have grace, elegance and proportion and are therefore pleasing to observe: beautifully-good-works.

We could pause for a moment to pray that we remain salty and tangy, doing good beautifully and elegantly.

mtate@bigpond.com

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